

## MIDWEEK AUTUMN DINNER MENU

2 COURSE'S WITH A BOTTLE OF HOUSE WINE 50.00 PER COUPLE - CHOOSE STARTER & MAIN OR MAIN & DESSERT

### STARTER

#### HOMEMADE SOUP OF THE DAY

Our Own Freshly Baked Sourdough. *Allergens are available on request*

#### CASTLETOWNBERE SQUID CALAMARI

Chilli Butter *1,8,13*

#### HOMEMADE SKEAGHANORE DUCK LIVER PARFAIT

Sourdough Crutons, Cumberland Sauce, Pickled Cucumber *1,7,8,12*

#### LEAHY'S FARM LIMERICK GOATS CHEESE

Pickled Golden Beets, Rigneys Granola *1,2,8,9,12,14*

#### SPICY BBQ CHICKEN WINGS

Cashel Blue Cheese Dressing *1,3,7,8,9,12,13,14*

### MAIN COURSES

#### LOCAL CHICKEN BREAST

Black Garlic, Ballyhoura Mushroom Sauce, Colcannon Potato *5,7,8,12*

#### LOCAL FISH OF THE DAY

Your Server will inform you of today's fish Allergens are available on request

#### JACOBS LADDER

Irish Beef Short Rib, Pearl Onions, Buttermilk Carrots  
Smoked Cheddar Mash *5,8,12 (NG)*

#### 8OZ (227GR) IRISH RUMP STEAK BURGER

Limerick Smoked Cheddar, Bacon, Country Relish,  
Waterford Blaa & Chunky Chips *1,3,7,8,10,12,14*

#### THE PLANT BASED SAUSAGE

Ballyhoura Mushrooms, New Potatoes, Piccalilli, Wild Garlic, Tomato Relish *12*

As we are handling multiple food allergen ingredients within our kitchens, we make every effort to prevent a possible 'cross-over' during preparation & service, however can not guarantee complete absence of traces of other Food Allergens or the presence of possible airborne allergens. Should you suffer from a SEVERE Food Allergy, please make this known to us and we will discuss further requirements to accommodate your needs.



### FROM THE VAPOUR GRIL *(Supplment Applies)*

#### IRISH 8OZ (227GR) RIBEYE STEAK

Rooster Chips, Onion Rings, Peppercron Sauce *1,5,8,13,14 \*E5 Supplement*

#### PAT BARRYS DRY AGED 8OZ (227GR) IRISH ANGUS SIRLOIN

Rooster Chips, Onion Rings, Peppercron Sauce *1,5,8,13,14 \*E10 Supplement*

### SIDES

WHILE ALL OF OUR MAIN COURSES COME FULLY **3.75**  
GARNISHED YOU MIGHT LIKE TO ADD A SIDE DISH each

ROOSTER CHIPS *1,3*  
MASHED POTATO *8,12*  
SAUTEED MUSHROOMS *3,8*  
SAUTEED ONIONS *3,8*  
STEAMED VEGETABLES *8*  
SUMMER SALAD *3,12,14*

### DESSERT

#### ATTYFLIN ESTATE APPLE TART

Custard, Vanilla Ice Cream *1,7,8*

#### CHOCOLATE MARQUISE

Hazelnut Praline *1,7,8,9*

#### OREO CHEESECAKE

Toffee Sauce *1,7,8,12*

#### ALMOND GATEAU

Almond Dacquoise, Layered with Butter Cream *7,8,9 (NG)*

#### FRESH FRUIT SALAD

#### SELECTION OF ICE CREAMS *1,7,8,9*



**"YOU ARE IN SAFE HANDS AT THE STRAND"**

To view our full COVID 19 Guidelines  
Please visit - [www.strandlimerick.ie](http://www.strandlimerick.ie)