

THE MUNSTER MILE

Munster Province, in the southwest of Ireland, is known for its rich agricultural traditions and diverse range of local produce. Munster's local produce reflects a deep connection to the land and sea, emphasizing sustainability and freshness. We take pride in our City & all the Neighbouring counties by sourcing fresh & local ingredients wherever possible in our menus.

Try our Munster Mile Dishes, noted with the **M** logo, all Dishes made with 100% Munster only produce!

TO BEGIN

STRAND GRILLED CHICKEN CAESAR SALAD

Crisp Bacon, Parmesan Shaving Croutons
& Homemade Ceaser Dressing
Small €14.50 Large €19.50

Contains Wheat, Egg, Milk, Sulphites, Fish & Mustard

M HOMEMADE SOUP OF THE DAY

Served with Fresh Homemade Bread
€10.50

Contains Wheat, Celery, Egg & Milk

FETA CHEESE SALAD

With Feta Cheese, Toasted Pine Nuts,
Watermelon, Kevin Wallace Leaves
& Raspberry Vinegar Dressing
Small €15.50 Large €21.50

Contains Peanuts, Celery, Milk, Pine Nuts, Sulphites, Mustard

STRAND CHICKEN WINGS

Marinated Chicken Wings with Choice of Hot Sauce or
BBQ Sauce, Cashel Blue Cheese Dip, Celery
& Urban Farmer Leaves
€14.50

Contains Wheat, Celery, Egg, Milk, Sulphites & Mustard

WALLACE GARDEN BURRATA

With Ripe Wine Infused Cherry Tomato, Parma Ham,
Avocado, Kevin Wallace Mixed Leaves, Basil Pesto
& Balsamic Reduction

(Vegetarian Option without Parma Ham Available)

€14.00

Contains Milk & Mustard

BBQ PULLED PORK SPRING ROLL

With Urban Farmer Leaves & BBQ Sauce
€13.50

Contains Wheat, Soya, Egg, Milk & Mustard

M NOVAC FOCACCIA BRUSCHETTA

Toasted & Topped with Basil Tomato Olives,
Dressed Leaves & Balsamic Reduction

€12.50

Contains Wheat, Celery, Milk & Mustard

TEMPURA SEAFOOD

Crisp Fried Prawns & Squid with Kevin
Wallace Leaves, Samphire, & Spiced
Pimento Mayonnaise

€15.50

Contains Wheat, Egg, Lupin, Milk, Sesame,
Crustaceans, Fish & Mustard

THE MAIN EVENT

M SEAMUS BUTLERS DOUBLE BEEF BURGER

Topped with Sautéed onions, Smoked Effin Cheese, Lettuce, Tomato, Streaky Bacon,
Thousand Island Sauce, Served in a Toasted Brioche Bun with Fries
€25.50

Contains Wheat, Celery, Milk & Sulphites

BANG BANG CHICKEN

Sweet & Sticky Sauce, Served with Steamed Rice & Wok Fried Vegetables
€26.50

Contains Wheat, Soya, Celery, Sesame & Sulphites

M 100% IRISH 8oz SIRLOIN STEAK

Served with Cajun Onion Rings, Sautéed Wild Mushrooms, Home-Cut Chips and a
choice of Garlic Butter, Pepper Sauce or Chimichurri

€42.50

Contains Celery, Milk & Sulphites

M CAROLINE RIGNEY'S RARE BREED PORK SAUSAGES

Served with Colcannon Mashed Potato, Seasonal Green Vegetables,
Onion & Red Wine Jus
€27.00

Contains Wheat, Celery, Milk & Sulphites

PLANT BASED MEAT BALLS

With Madras Curry & Steamed Basmati Rice

€24.50

Contains Wheat, Celery & Lupin

M TREATY CITY BEER BATTERED DOONBEG HAKE & CHIPS

Served with Kevin Wallace Leaves, Tartar Sauce & Chips

€27.50

Contains Wheat, Egg, Milk, Fish & Mustard

GRILLED CITRUS & HERB-MARINATED CHICKEN SUPREME

Served with Mediterranean Vegetables, Parmesan Tuile, Sweet Potato Mash & Marinara Sauce
€28.95

Contains Celery, Milk & Sulphites

M SKEAGHANORE DUCK BREAST

Served with Kevin Wallace Local Baby Vegetables, Truffle Mashed Potato
& Berry Sauce

€42.50

Contains Celery, Milk & Mustard

RICOTTA & SPINACH TORTELLINI

With a Seafood Medley of Prawns, Mussels & Atlantic Salmon in a Trapanese Sauce
Topped with Toasted Almonds

€27.50

Contains, Wheat, Molluscs, Celery, Egg, Milk, Almonds, Crustaceans & Fish

SPECIAL OF THE EVENING

Served from 6pm - Ask your Server for Details

€32.00

SOMETHING EXTRA €5.00 each

FRIES

Contains Wheat, Soya & Sulphites

MASHED POTATO

Contains Milk

SAUTÉED ONIONS

Contains Milk

SEASONAL VEGETABLES

Contains Milk

ONION RINGS

Contains Wheat

CAJUN SPICED FRIES

Contains Wheat, Soya, Celery & Sulphites

NO ADDED GLUTEN BREAD

Contains Egg

SEASONAL LEAVES

with house dressing

Contains Sulphites & Mustard

"INVISIBLE CHIPS"

A Silent Donation to our 2026
Charity Partner Make-A-Wish



If you wish to Donate to our 2026 Charity Partner
Make-A-Wish Directly Please scan our QR Code

Make-A-Wish
IRELAND