

## THE MUNSTER MILE

Munster Province, in the southwest of Ireland, is known for its rich agricultural traditions and diverse range of local produce. Munster's local produce reflects a deep connection to the land and sea, emphasizing sustainability and freshness. We take pride in our City & all the Neighboring counties by sourcing fresh & local ingredients wherever possible in our menus.

Try our Munster Mile Dishes, noted with the **M** logo, all Dishes made with 100% Munster only produce!

### TO BEGIN

#### STRAND GRILLED CHICKEN CAESAR SALAD


Crisp Bacon, Parmesan Shaving Croutons  
& Homemade Ceaser Dressing  
Small €14.50 Large €19.50  
1, 7, 8, 12, 13, 14

**M** **HOMEMADE SOUP OF THE DAY**  
Served with Fresh Homemade Bread  
€10.50  
1, 5, 7, 8

**FETA CHEESE SALAD**   
With Feta Cheese, Toasted Pine Nuts,  
Watermelon, Kevin Wallace Leaves & Raspberry  
Vinegar Dressing

Small €15.50 Large €21.50  
2, 5, 8, 9, 12, 14

**STRAND CHICKEN WINGS**  
Marinated Chicken Wings with Choice of Hot Sauce  
or BBQ Sauce, Cashel Blue Cheese Dip, Celery  
& Urban Farmer Leaves  
€14.50  
1, 5, 7, 8, 12, 14

**WALLACE GARDEN BURRATA**  
With Ripe Wine Infused Cherry Tomato, Parma Ham,  
Avocado, Kevin Wallace Mixed Leaves, Basil Pesto &  
Balsamic Reduction   
(Vegetarian Option without Parma Ham Available)  
€14.00  
8, 14


**BBQ PULLED PORK SPRING ROLL**  
With Urban Farmer Leaves & BBQ Sauce  
€13.50  
1, 3, 7, 8, 14

**M** **NOVAC FOCACCIA BRUSCHETTA**   
Toasted & Topped with Basil Tomato Olives,  
Dressed Leaves & Balsamic Reduction  
€12.50  
1, 5, 8, 14

#### TEMPURA SEAFOOD

Crisp Fried Prawns and Squid with Kevin  
Wallace leaves, Samphire, and Spiced  
Pimento Mayonnaise  
€15.50  
1, 7, 6, 8, 10, 11, 13, 14

### THE MAIN EVENT

**M** **SEAMUS BUTLER'S BOURBON-INFUSED BBQ BEEF BURGER**   
Topped with Sautéed onions, Smoked Effin Cheese, Lettuce,  
Tomato, Streaky Bacon, Thousand Island Sauce, Served in a  
Toasted Brioche Bun with Fries  
€25.50  
1, 5, 8, 12

**BANG BANG CHICKEN**   
Sweet & Sticky Sauce, Served with Steamed Rice & Wok Fried Vegetables  
€26.50  
1, 3, 5, 9, 10, 12

**M** **100% IRISH 8oz SIRLOIN STEAK**  
Served with Cajun Onion Rings, Sautéed Wild Mushrooms, Home-Cut Chips and a  
choice of Garlic Butter, Pepper Sauce or Chimichurri  
€42.50  
1, 5, 8, 12

**M** **CAROLINE RIGNEY'S RARE BREED PORK SAUSAGES**  
Served with Colcannon Mashed Potato, Seasonal Green Vegetables, Onion & Red Wine Jus  
€27.00  
1, 5, 8, 12

**PLANT BASED BALLS**    
Served with Madras Curry Sauce & Steamed Basmati Rice  
€24.50  
1, 5, 6

**M** **TREATY CITY BEER BATTERED DOONBEG HAKE & CHIPS**   
Served with Kevin Wallace Leaves, Tartar Sauce & Chips  
€27.50  
1, 7, 8, 13, 14

**GRILLED CITRUS & HERB-MARINATED CHICKEN SUPREME**  
Served with Mediterranean Vegetables, Parmesan Tuile, Sweet Potato Mash & Marinara Sauce  
€28.95  
5, 8, 12

**M** **SKEAGHANORE DUCK BREAST**  
Served with Kevin Wallace Local Baby Vegetables, Truffle Mashed Potato & Berry  
Sauce  
€42.50  
5, 8, 12

**RICOTTA & SPINACH TORTELLINI**  
With a Seafood Medley of Prawns, Mussels & Atlantic Salmon in a Trapanese Sauce  
Topped with Toasted Almonds  
€27.50  
1, 4, 5, 7, 8, 9, 11, 13

**SPECIAL OF THE EVENING**  
Served from 6pm - Ask your Server for Details  
€32.00

### SOMETHING EXTRA €5.00 each

**FRIES**  
1, 3, 12  
**MASHED POTATO**  
8  
**SAUTÉED ONIONS**  
8  
**SEASONAL VEGETABLES**  
8

**ONION RINGS**  
1, 11  
**CAJUN SPICED FRIES**  
1, 3, 5, 12  
**NO ADDED GLUTEN BREAD**  
7  
**SEASONAL LEAVES**  
with house dressing  
12, 14

**"INVISIBLE CHIPS"**  
A Silent Donation to our 2026  
Charity Partner Make-A-Wish




If you wish to Donate to our 2026 Charity Partner  
Make-A-Wish Directly Please scan our QR Code

**Make-A-Wish**  
IRELAND



### SUMMER SPECIAL €28.00

Main Course & a Glass of House Wine

Main Course Included in the Summer  
Special are noted with the  Icon

1 Gluten 2 Peanuts 3 Soya 4 Molluscs 5 Celery 6 Lupin 7 Egg 8 Lactose 9 Nuts 10 Sesame 11 Crustaceans 12 Sulphites 13 Fish 14 Mustard

We handle multiple food allergen ingredients in our kitchen and while we make every effort to prevent cross contamination during prep and service we cannot guarantee the complete absence of allergens. If you suffer from severe food allergies, please let your server know and we can discuss further requirements.