

THE

MUNSTER

MILE

Munster Province, in the southwest of Ireland, is known for its rich agricultural traditions and diverse range of local produce. Munster’s local produce reflects a deep connection to the land and sea, emphasizing sustainability and freshness. We take pride in our City & all the Neighboring counties by sourcing fresh & local ingredients wherever possible in our menus.

Try our Munster Mile Dishes, noted with the **M** logo, all Dishes made with 100% Munster only produce!

TO BEGIN

STRAND GRILLED CHICKEN
CAESAR SALAD

Crisp Bacon, Parmesan Shaving Croutons
& Homemade Ceaser Dressing
Small €13.50 Large €18.50

1, 7, 8, 12, 13, 14

M GOATS CHEESE BRUSCHETTA

Red Onion, Sundried Tomato, Kevin
Wallace Leaves & Basil Pesto

€12.00

1, 8



M SLOW BRAISED TIPPERARY
PORK BELLY

With Cider Reduction & House Chutney

€12.50

8

M HOMEMADE SOUP OF THE DAY

Served with Fresh Homemade Bread

€9.50

1, 5, 7, 8, 12

STRAND CHICKEN WINGS

6 Marinated Chicken Wings with Cranberry
Hot Honey Sauce & Urban Farmer Leaves

€12.00

1, 5, 7, 8, 12

SMOKED & FRESH
SALMON ROULADE

With Cucumber, Kevin Wallace Leaves
& Saffron Mayonnaise

€12.95

7, 8, 13, 14

DUCK TERRINE

With Berry Compote, Sour Dough Croutons
& Kevin Wallace Leaves

€13.50

1, 7, 8, 12

ROASTED VEGETABLE & HERB ARANCINI

Served with Garlic Mayonnaise
& Kevin Wallace Leaves

€12.50

1, 7, 8



THE MAIN EVENT

M SEAMUS BUTLERS DOUBLE BEEF BURGER

Served on a Brioche Bun with Cranberry Mayonnaise, Smoked
Cheese, Sautéed Onions & Chips

€24.50

1, 7, 8

BANG BANG CHICKEN

Sweet & Sticky Sauce, Served with Steamed Rice & Wok Fried Vegetables

€25.50

1, 3, 9, 10, 12

M 100% IRISH SOURCED 80z GRILLED STEAK

Served With Home Cut Chips, Baked Mushroom, Pepper Sauce & Onion Rings

€39.50

1, 5, 8, 12

M RIGNEY’S FARM RARE BREED PORK BANGERS & WHOLEGRAIN
MUSTARD MASHED POTATO

Served with Sauteed Green Vegetables & Wild Mushroom Sauce

€26.00

1, 5, 8, 12, 14

MARINATED TOFU RICE NOODLE STIR FRY



Served with Pok Choi, Peppers, Corn, Onions with Soy, Sesame & Chilli Dressing

€23.50

1, 3, 5, 10, 12

M DOONBEG FRESH HAKE & CHIPS

Served with Kevin Wallace Leaves, Tartar Sauce & Chips

€26.00

1, 7, 8, 13

TRADITIONAL TURKEY & HAM

With Herb Stuffing Served with Mashed Potato, Roasted Vegetables
& Homemade Gravy

€25.50

1, 5, 8, 12

GRILLED ATLANTIC SALMON

Roasted Herb & Tomato Crust, Roasted Vegetables,
Baby Potatoes & Hollandaise Sauce

€27.50

1, 7, 8, 13

M JACOB LADDERS SLOW BRAISED BEEF RIB

Onion Puree, Smoked Cheesy Mash & Served with Cooking Juices

€37.50

5, 8, 12

M SPECIAL OF THE EVENING

Served from 6pm - Ask your Server for Details

€30.00

SOMETHING EXTRA

€5.00 each

FRIES

1, 3, 12

MASHED POTATO

8

SAUTÉED ONIONS

8

SEASONAL
VEGETABLES

8

ONION RINGS

1

CAJUN SPICED FRIES

1, 3, 5, 12

NO ADDED GLUTEN BREAD

7

SEASONAL LEAVES

with house dressing

12, 14