

DINNER MENU



At the estuary of the powerful River Shannon where the Wild Atlantic waters meet the rushing river, discover Limerick, a Wild Atlantic Way Gateway City.

Explore waves of history shaped by our unique Atlantic connection with the energy and excitement of our city streets. We take pride in our City & all the Wild Atlantic Way has to offer by sourcing fresh & local ingredients wherever possible in our menus. Try our Wild Atlantic Way Dishes, noted with the WAW logo, to get a true Taste of the Way!

TO BEGIN



HOMEMADE CHICKEN SPRING ROLL

BBQ sauce & dressed organic leaves €12.00 4,5,8,10

STRAND CHICKEN WINGS

choice of hot sauce or BBO sauce served with blue cheese dip small €12.00 large €16.60 8,12,14

SLOW COOKED PORK BELLY

attyflin apple gel, butternut squash purée, apple jus €11.50

8. 12

STRAND CHICKEN CAESAR SALAD

baby gem, bacon, garlic croutons, parmesan shavings & strand caesar dressing small €10.50 large €16.50 1, 7, 8, 12, 13, 14

Ón Bhfarraige From The Sea

ATLANTIC SEAFOOD CHOWDER

Cathals of Doonbeg fish medley & Leia's homemade bread €10.50 1, 4, 5, 7, 8, 11, 12, 13

GRILLED MARINATED TIGER PRAWNS

garlic dressing organic leaves, sourdough croute €12.95

1,8,11,14

CHILLED SALMON 3 WAYS

Burren smoked salmon, house poached salmon, salmon mousse en croute, pickled beetroot, beetroot gel €12.00

1,8,12,13,14

On Talamh From The Ground



HOMEMADE SOUP OF THE DAY

Leia's homemade bread selection €8.50

1, 5, 7, 8, 12

BREAD & DIP

Leia's homemade bread selection dip's & Irish butter

€7.90 1, 7, 8, 12, 14

WARM SPINACH TOMATO & GOATS CHEESE QUICHE

urban farmers salad, basil pesto € 12.50 1,7,8,14

BLUE CHEESE, PEAR & BETROOT SALAD

urban farmer leaves, raspberry dressing small €11.50 large €1750 7,8,14

THE MAIN EVENT

Ón Bhfeirm From The Farm



CHARGRILLED SUPREME OF CHICKEN

spinach, chorizo & tomato gnocchi cream sauce €26

5, 7 8, 12

CRISPY BUTTERMILK CHICKEN BURGER

brioche bun, tomato, spiced mayonnaise, onion rings, baby gem & fries €22.50

1, 8, 12, 14

RIGNEY'S FARM FREE RANGE PORK BANGERS & MASH

Rigney's farm free range pork sausages. mustard infused mashed potato, Herbertstown mushrooms, green peas & spinach

€23.50

1, 5, 8, 12,14

DISH OF THE EVENING

Available on request €28.00

On Bhfarraige From The Sea



GRILLED FILLET OF SALMON

roasted garlic & herb mashed potato, green vegetables, bearnaise sauce €27.50

7, 8, 12, 13

CATHALS OF DOONBEG WILD IRISH **HAKE AND CHIPS**

★The Strand's Favorite golden fried fresh hake, Urban Farmers seasonal salad, fries & homemade tartar sauce €23.50 1, 7, 8, 12, 13, 14

SLOW ROASTED 100% IRISH BEEF CHEEK

Slow roasted beef cheek, colcannon mashed potato, roasted vegetables, cooking juices 5,8,12 €32.50 5. 8. 12.14 dinner inclusive: €8.00 supplement applies

100% IRISH SOURCED **80Z HEREFORD STEAK**

roast tomato, grilled mushroom, home cut chips, onion rings. Choice of sauce: pepper, garlic butter, bearnaise €39.50

1. 5. 7 8. 12

dinner inclusive: €10.00 supplement applies

SEAMUS BUTLER'S 100% IRISH BEEF BURGER

brioche bun, garlic mayonaise, tomato relish, smoked effin cheese, gem lettuce, onion rings & fries

add organic Croom fried egg €2.00 7, Add grilled bacon €2.50

1, 8, 12

On Talamh From The Ground



MILD COCONUT CURRY

roasted vegetables & steamed rice roasted vegetables & tofu €19.00 3 chicken €21.50 Cathal's Doonbeg tiger prawns €22.50 11

Mushroom risotto

Herbertstown mushroom, sundried tomato, and spinach, finished with vegan parmesan and green vegetables

€21.50

SOMETHING EXTRA €6.00 each

FRIES

1, 3, 12

SWEET POTATO FRIES

MASHED POTATO

8,12 SAUTÉED ONIONS

MASHED POTATO

8.12

SEASONAL LEAVES

with honey & mustard dressing

SEASONAL VEGETABLES

ONION RINGS

CAJUN SPICED FRIES

1, 3, 5, 12

NO ADDED GLUTEN BREAD

