

starters

BREAD & HOUSE DIP

Leia's homemade bread selection dips & Irish butter €7.90

1, 7, 8, 12, 14

HOMEMADE SOUP OF THE DAY

Leia's homemade bread selection €8.50 1, 5, 7, 8, 12

ATLANTIC SEAFOOD CHOWDER ****

Cathals of Doonbeg hake, salmon, mussels, shrimp & Leia's freshly baked bread €10.50 1, 4, 5, 7, 8, 11, 12, 13

STRAND CHICKEN WINGS

strand hot sauce OR BBQ Sauce served with blue cheese dip Small €12.00 Large €16.60

sandwiches

ADD SOUP TO ANY SANDWICH €4.50

STRAND CHICKEN CAESAR SALAD WRAP baby gem, streaky bacon, garlic croutons, parmesan shavings & strand caesar dressing with fries & salad

€14.50

1,7,8,12,13,14

ROUNDSTONE SOURDOUGH TOASTED SPECIAL

Limerick ham, smoked Effin cheddar, onion & tomato with fries & salad (5,8)

€14.50

1,7,8,12

LIMERICK STRAND WRAP

sweet chilli chicken, peppers with fries & salad €14.50 1,7,8,12,13

BURREN SMOKED SALMON & CREAM CHEESE BAGEL

With Fries & Salad

€14.50

1, 8, 13

SOUP & SAMBO OF THE DAY

€14.50

ask your server for details allergens available on request

CONTRIBITION CONTRIBITION CONT

ONION RINGS

SAUTÉED ONIONS

SEASONAL LEAVES with honey & mustard dressing 12, 14

SEASONAL VEGETABLES

SWEET POTATO FRIES

CAJUN SPICED FRIES 1, 3, 5, 12

NO ADDED GLUTEN BREAD

At the estuary of the powerful River Shannon where the Wild Atlantic waters meet the rushing river, Discover Limerick, a Wild Atlantic Way Gateway City.

Explore waves of history shaped by



our unique Atlantic connection with the energy and excitement of our city streets. We take pride in our City & all the Wild Atlantic Way has to offer by sourcing fresh & local ingredients wherever possible in our menus. Try our Wild Atlantic Way Dishes, noted with the WAW logo, to get a true Taste of the Way!

lite bites & salads

STRAND CHICKEN CAESAR SALAD

baby gem, streaky bacon, garlic croutons, parmesan shavings & strand caesar dressing small €11.50 large €17.50 1, 7, 8, 12, 13, 14

BLUE CHEESE, PEAR & BEETROOT SALAD

urban farmer leaves, raspberry dressing small €11.50 large €17.50

7, 8, 14

WARM SPINACH, TOMATO & GOATS CHEESE QUICHE

urban farmers salad, basil pesto

€12.50

1, 7, 8, 14

mains

DISH OF THE DAY

served from 12pm

ask your server for details

€17.95

allergens are available on request

CRISPY BUTTERMILK CHICKEN BURGER

brioche bun, tomato, garlic mayonnaise, onion rings, baby gem & fries €22.95

1,8,12,14

CATHALS OF DOONBEG BREADED FRESH HAKE & CHIPS ****

golden fried fresh hake, Urban Farmers seasonal salad, fries & homemade tartar sauce

€22.50

1,7,8,12,13,14

SEAMUS BUTLERS 100% IRISH BEEF BURGER

brioche bun, garlic mayonnaise, tomato relish, lettuce, smoked effin cheese, onion ring & fries

add organic Croom fried egg €2.00, Add grilled bacon €2.50

€22.50

1,8,14

RIGNEYS FARM FREE RANGE PORK BANGERS & MASH

Rigney's farm free range pork sausages, mustard infused mashed potato, Herbertstown mushrooms, green peas & spinach €22.00

1,7,8,12,13,14



MILD COCONUT CURRY

roasted vegetables & steamed rice 3 roasted vegetables & tofu €19.00 chicken €20.50 Cathal's Doonbeg tiger prawns €22.50 11



Please note that the prices displayed are based on the current government vat rates



1 Gluten 2 Peanuts 3 Soya 4 Molluscs 5 Celery 6 Lupin 7 Egg 8 Lactose 9 Nuts 10 Sesame 11 Crustaceans 12 Sulphites 13 Fish 14 Mustard

desserts

RED WINE POACHED PEAR

with fragrant cooking juices & raspberry sorbet €9.50 **1,7,8,9**

CHOCOLATE ORANGE SLICE

served with candied orange & orange gel €9.50 1, 7, 8, 9

PECAN TART

served with whiskey ice-cream & salted caramel sauce €10.50
1, 7, 8, 9

WARM BLONDIE

served with berries & vanilla ice-cream €10.00 **1, 7, 8, 9**

GLENOWN 100% IRISH DAIRY ICE CREAM SELECTION

served in brandy snaps & seasonal fruit please ask your server for todays selection €8.50

SELECTION OF IRISH CHEESE

homemade chutney, fresh fruit and crackers €13.45 **1, 5, 8**

sweet treats

FRESHLY BAKED MUFFIN

€2.95 **1, 7, 8, 9**

1, 7, 8

LEIA'S HOMEMADE COOKIES

€2.50 each **1,7,8,9**

FRESHLY BAKED SCONE

fresh cream, butter & homemade jam €4.40 each 1, 7, 8, 9

All of our desserts and sweet treats are made in house everyday by our Head Pastry Chef Leia and her talented pastry team.





LUNCH MENU





1 Gluten 2 Peanuts 3 Soya 4 Molluscs 5 Celery 6 Lupin 7 Egg 8 Lactose 9 Nuts 10 Sesame 11 Crustaceans 12 Sulphites 13 Fish 14 Mustard (GA) - Available Gluten Free (V) - Vegetarian (VE) - Vegan

We handle multiple food allergen ingredients in our kitchen and while we make every effort to prevent cross contamination during prep and service we cannot guarantee the complete absence or allergens. If you suffer from severe food allergies, please let your server know to discuss further requirements.