



Limerick  
**Strand**  
Hotel

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Celebrate Your Hen Night in Style  
at the 4\* Limerick Strand Hotel .....

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Our award winning city centre 4 Star Hotel is ideally located just a five minute scenic stroll across the bridge to bustling heart of Limerick City offering fabulous shopping, a super foodie scene and lively welcoming bars  
Just a 10 minute walk from Colbert train Station and only  
90 mins from Dublin | 60 mins from Galway | 80 mins from Cork.

The Limerick Strand Hotel boasts  
184 bedrooms / 14 Junior Suites / Award Winning Restaurant  
Lively Terrace Bar with live music at weekends  
Niall Colgans Hairdressing & Namaste Day Spa with discount for residents  
On Site underground car park  
Energize Health Club with 20m pool, Sauna, Steam Room. Jacuzzi

**For Reservations**

**T: 061- 421800 E: [reservations@strandlimerick.ie](mailto:reservations@strandlimerick.ie)**

**W: [www.strandhotellimerick.ie](http://www.strandhotellimerick.ie)**

\*Terms & Conditions apply, discounts not applicable with any other special offers, \*upgrades must be booked prior to arrival



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## Limerick You're a Lady Over Night Package

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- 1 nights B&B in a Superior Twin /Double/Triple Superior Room
- **Signature** cocktail on arrival to the hotel from our expert mixologist
- 2 Course Dinner in the award winning AA rosette River Restaurant
- 15% discount in Niall Colgan Hairdressing located on Hotel Grounds
- 10% discount in Namaste Skin Clinic & Urban Day Spa located on Hotel Grounds
- Complimentary use of Energize Health Club - 20m pool, Sauna, Steam Room
- Residents Bar available
- Live Music in the Terrace Bar on Saturday Nights

**€100.00 PPS Triple Room and €105.00 PPS Twin Room**

2 Night Packages Also Available From **€179.00 PPS twin or triple**

Available Jan, Feb, Mar, Oct. Nov & Dec 2021

**€120.00 PPS Triple Room and €125.00 PPS Twin Room**

2 Night Packages Also Available From **€199.00 PPS twin or triple**

Available April - September 2021

**available for groups of 10 and over**

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## Let Limerick Surprise You! The Ideal Girlie Getaway

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Limerick is the capital of Ireland's Mid-West region and is noted for its shopping, its dining and entertainment! With almost 50 per cent of Limerick's population under the age of 30, it is a vibrant, living, cosmopolitan city.

**Limerick has something to offer everybody**

Superb shopping with unique boutiques

An active foodie scene with Limerick's Milk Market at its heart

Energetic live music scene

The home of Munster Rugby & Thomond Park

Various bustling pubs & clubs

Cultural activities are abundant be a princess for a day at King John's Castle!



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## Group Activities !

Below are some suggestions for your group activity

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We are happy to give you more information any of the below activities on request!  
All activities must be booked directly with the supplier

- Roller Disco Jam at Delta Retail Park
- Private Dance Lesson - Burlesque, Disco , Belly Dance
- “Paint a Nude” Painting Class
- VIP area in one of Limericks many night clubs
- Hen party glam (boudoir) photoshoot with Boudoir darlings
- Jump Lane trampoline in Delta Retail Park
- Go Karting
- Hen Party Photo-shoot with professional photographer Paul Mullins
- Onsite Dance Classes with “Dance Moves”
- Private Party Hire Limerick Carriage Tours



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## Cocktail Demos By our expert Mixologist!

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Cocktail classes are definitely a classic hen party activity and we love them!

So, from Mojito's and Cosmopolitans to a Strawberry Daiquiri,

Learn all there is to know about cocktails; what flavours best compliment spirits, how to shake them up to perfection and how to pour and add colourings.

Try your hand at creating your own bespoke cocktail, you can even name it after the bride to be!

This hen party activity definitely sets the tone for the night ahead and the bride will love it.

Package includes

Selection of 2 cocktails

40min - 1 hour lesson with our expert mixologist

€30.00 per person

Maximum 20 people per class

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## Off To The Races Limerick Racecourse

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Guaranteed odds you'll have a brilliant time. Great racing, fantastic food, a few jars and craic almighty. Dress up and see the stag or hen off in style.  
Just 15 minutes from the hotel

- The hen can get a nice profile of the hen in the race card. It's just another fun addition to the day and a lovely moment!
- Opportunity for the Hen to make a trophy presentation to the winning connections after one of the races on the day with memento photograph – subject to availability. The rest of the group are welcome to gather at the parade ring to take photos.

### **Packages available**

**General admission - Prices available on request**

General admission to races and free racecard

**Punter Package - Prices available on request**

Package includes admission, racecard, €5 bet and free pint/glass of wine

**Amy O'Regan ~ Sales & Marketing Executive**

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