

INCLUSIVE DINNER MENU

STARTER

PRESSED HAM HOCK TERRINE

Cranberry, Mustard Dressing 5,12,14

CLASSIC CAESAR SALAD

Strand Pantry Range Award Winning Caesar Dressing, Croutons & Lardons, Parmesan Shavings 1,3,7,8,12,13,14

THE STRAND SEAFOOD CHOWDER

Homemade Soda Bread, Dried Kelp 1,3,4,5,8,11,12,13

SOUP OF THE DAY

Our Own Freshly Baked Sourdough
Your Server will inform you of today's soup
& allergens are available on request

MAIN

FREE RANGE LOCAL CHICKEN BREAST

Rigney's Farm Sausage & Barley Broth 1,5,8,12,14

CHARGRILLED IRISH 8OZ

RIB EYE STEAK *E6.50 supplement applies

Onion Rings and Peppercorn Sauce 1,3,5,8,12

ATLANTIC SALMON FILLET

Stir Fried Vegetables, Wasabi, Noodles 1,3,5,10,13

SPICED CHICKPEA KATAIFI

Warm Three Bean Salad, Red Pepper Coulis 1,3,5,14

8OZ IRISH RUMP STEAK BURGER

Limerick Smoked Cheddar, McCarren Bacon, Country Relish, Waterford Blaa, Rooster Chips 1,3,7,8,12,14

WHILE ALL OF OUR MAIN COURSES COME FULLY GARNISHED YOU MAY LIKE TO CONSIDER SHARING A SIDE DISH

Home CutChips 1,3 | Sautéed Mushrooms 3,8 | **3.75**

Steamed Vegetables 8 | Mashed Potato 8,12

Sautéed Onions 3,8 | Onion Rings 1,3, |

No Added Gluten Rooster Chips 3

Ballyagran Seasonal Salad 3,12,14



DESSERT

CARAMEL APPLE SPONGE CAKE

Toffee Sauce 1,7,8

WARM CHOCOLATE BROWNIE

Raspberry Sorbet 1,7,8,12

RASPBERRY MILLE FEUILLE

Pastry Cream 1,7,8

VELVET CLOUD PANNA COTTA

Lemon, Rum, Mango Puree 7,8,12 (GF)

SELECTION OF THE STRAND HOMEMADE ICE CREAMS

Florentine Shortbread Biscuit, Chocolate Sauce

Your server will inform you of tonight's selection 1,7,8,9

SELECTION OF TEAS OR FRESHLY BREWED COFFEE FROM 3.00

DIETARY REQUIREMENTS

As we are handling multiple food allergen ingredients within our kitchens, we make every effort to prevent a possible 'cross-over' during preparation & service, however can not guarantee complete absence of traces of other Food Allergens or the presence of possible airborne allergens. Should you suffer from a SEVERE Food Allergy, please make this known to us and we will discuss further requirements to accommodate your needs.

