

THE TERRACE BAR

EVENING MENU

STARTERS

CHEF'S FRESHLY MADE SOUP Our Own Freshly Baked Sour Dough	5.75
THE STRAND SEAFOOD CHOWDER Homemade Soda Bread, Dried Kelp 1,3,4,5,8,11,12,13	7.95
OUR CHICKEN WINGS BBQ Blue Cheese Dressing 1,3,7,8,9,12,13,14	8.50
CHICKEN CAESAR SALAD Strand Pantry Range Award Winning Caesar Dressing, Croutons & Lardons, Parmesan Shavings 1,3,7,8,12,13,14	<i>small</i> 8.95 <i>large</i> 13.95
THE BURREN SMOKEHOUSE SMOKED SALMON SALAD New Leaf Salanova Salad, Elderflower And Rapeseed Vinaigrette, Soda Bread 1,3,8, 12, 13	13.95
WARM ST. TOLA GOATS CHEESE SALAD Granola Crust, Raspberry, Beetroot, Rocket 1,2,3,8,9,10	7.95

MAIN COURSE

SALMON FILLET Stirfried Vegetables, Wasabi & Pickled Ginger 3,5,10,13	16.95
GOLDEN CATCH OF THE DAY Battered Daily Catch, Chunky Chips, Mushy Peas & Tartar Sauce 1,3,7,8,12,13,14	18.95
BANGERS & MASH Handmade Free Range Irish Pork Sausage by Caroline Rigney of Curraghchase, Onions & Gravy 1,3,5,8,12	16.95
SPAGHETTI BOLOGNAISE 1,3,5,7,8	14.95
GRILLED 8OZ IRISH RIB EYE STEAK Chunky Chips, Pepper Sauce & Seasonal Leaves 5,8,12	22.95
PANFIED SUPREME OF FREE RANGE IRISH CHICKEN Peperonata, Chorizo Mash, Basil Pesto 5,8,9,12	18.95
THE STRAND THAI RED CHICKEN CURRY Seasonal Vegetables, Basmati Rice 13,11	16.95
LIMERICK CROQUE MONSIEUR Toasted Limerick Ham & Mature Cheddar Cheese Sandwich, Béchamel Sauce, Seasonal Salad & Chips 1,3,8,12,14	10.95

BURGER CORNER

8OZ IRISH RUMP STEAK BURGER Limerick Smoked Cheddar, Bacon, Country Relish, Waterford Blaa & Chunky Chips 1,3,7,8,10,12,14	16.95
CASHEL BLUE CHEESE BURGER 8OZ Irish Rump, Steak Burger, Cashel Blue Cheese, Celeriac Slaw & Chunky Chips 1,3,5,7,8,14	16.95
CHICKEN CAESAR IN WATERFORD BLAA Chicken Fillet, Smoked Cheddar And Irish Bacon, Caesar Dressing & Chunky Chips 1,3,7,8,13,14	16.95
THE VEGETABLE BURGER Spiced Chickpeas, Sweet Potato, Dressed Red Cabbage & Chunky Chips 1,3,5,14	15.95
5OZ IRISH WAGYU BEEF BURGER Smoked Streaky Bacon, Limerick Cheddar, Our Own Pickled Cucumber, Brioche Bun & Chips 1,7,8,14	16.95

SIDES

CHIPS 1,3,12	3.50
SEASONAL LEAVES WITH BALSAMIC 3,12,14	3.50
MASHED POTATO 8,12	3.50
SAUTÉED ONIONS 3,8	3.50
ONION RINGS 1,3	3.50
NO ADDED GLUTEN BREAD	2.00
CAJUN SPICED CHIPS 1,3,6,12	4.00

DESSERT

BRAMBLEY APPLE CRUMBLE Creme Anglaise 1,7,8,12	6.00
SEASONAL BERRY ROULADE White Chocolate Cream 8,7	6.00
STICKY TOFFEE PUDDING Toffee Sauce, Salted Caramel Ice Cream 1,7,8	6.00
FRESH FRUIT SALAD	6.00
CHEESECAKE OF THE DAY Please ask your server * 1,8,9,12	6.00
SELECTION OF THE STRAND HOMEMADE ICE CREAMS Your server will inform you of today's selection * 1,7,8,9,12	5.00
WARM DOUBLE CHOCOLATE CARAMEL BROWNIE Vanilla Ice Cream 1,7,8	

SPECIAL OFFER

MAIN COURSE/BURGER & A GLASS OF HOUSE RED OR WHITE WINE OR A PINT OF BEER	19.95
OR	
MAIN COURSE / BURGER & A SCOOP OF ICECREAM OR CHOCOLATE BROWNIE	

*Per Person
**excludes Steak & catch of the day*

INFORMATION

Please allow 20 minutes cooking time for well done steaks and burgers
All of our chicken, beef & pork is 100% Irish.
As we are handling multiple food allergen ingredients within our kitchens, we make every effort to prevent a possible 'cross-over' during preparation & service, however can not guarantee complete absence of traces of other Food Allergens or the presence of possible airborne allergens.
Should you suffer from a SEVERE Food Allergy, please make this known to us and we will discuss further requirements to accommodate your needs.



LOCAL SUPPLIERS

J. O'Dea Smoked Cheddar - *Blas na hEireann The Irish Food Awards Winner 2015*
Achill Island - Sea Salt *Blas na hEireann The Irish Food Awards Winner 2014*
Flesk Meats - Irish Beef
CS Fishmongers, Doonbeg - Seafood
Emer O'Flaherty - Organic Ballysalad
Skeaganore Duck, West Cork - Duck - *Blas na hEireann, The Irish Food Awards Winner 2015*
Burren Smokehouse - Smoked Salmon - *Great Taste Awards 2 Gold Stars 2014*
Gabriel Faherty - *Aran Islands Goats Cheese*
Ballyhoura Mountain Mushrooms - *Wild Mushrooms*
Pat Barry, Croom - *Beef*
Local Limerick & Kerry Farms - free range chicken
All of our Beef, Pork and Chicken is 100% Irish.
We endeavour to support our local producers where we can within our menus
We use our Award Winning Homemade Strand Pantry Range in all dishes containing Caesar Salad Dressing. All of this produce is available to purchase for your use at home from the counter