

LIGHT BITES & SALAD

OUR OWN SOURDOUGH BREAD

Wild Garlic Mayo *1,7,8*

SPICY BBQ CHICKEN WINGS

Cashel Blue Cheese Dressing *1,3,7,8,9,12,13,14*

DOONBEG COD GOUJONS

Skinny Chips, Tartare, Lemon *1,3,7,8,12,13,14*

BALLINWILLIN BOAR BELLY CROOM HONEY GLAZE

Attyflin Apple & Celeriac Chutney, Donies Leaves *5,12,14*

HOMEMADE SOUP OF THE DAY *allergens are available on request*

Our Own Freshly Baked Sourdough. Your server will inform you of today's soup

CASTLETOWNBERE SQUID CALAMARI

Chilli Butter *1,8,13*

HOMEMADE SKEAGHANORE DUCK LIVER PARFAIT

Sourdough Crutons, Cumberland Sauce, Pickled Cucumber *1,7,8,12*

LEAHY'S FARM LIMERICK GOATS CHEESE

Pickled Golden Beets, Rigneys Granola *1,2,8,9,12,14*

MAIN COURSE

LOCAL CHICKEN BREAST

Black Garlic, Ballyhoura Mushroom Sauce, Colcannon Potato *5,7,8,12*

LOCAL FISH OF THE DAY ***E6

Your Server will inform you of today's fish *Allergens are available on request*

16HR SLOW COOKED JACOBS LADDER ***E6

Irish Beef Short Rib, Pearl Onions, Buttermilk Carrots Smoked Cheddar Mash *5,8,12 (NG)*

GOLDEN CATCH OF THE DAY BATTERED DAILY CATCH

Chunky Chips, Mushy Peas & Tarter Sauce *1,3,7,8,12,13,14*

8OZ (227GR) IRISH RUMP STEAK BURGER *1,3,7,8,10,12,14*

Limerick Smoked Cheddar, Bacon, Country Relish, Waterford Blaa & Chunky Chips

VEGAN

THE PLANT BASED BURGER *1,3,5,12,14* 

Spiced Chickpeas, Sweet Potato, Pickled Courgette & Cucumber Beetroot Bun & Chunky Chips

THE PLANT BASED SAUSAGE 

Ballyhoura Mushrooms, New Potatoes, Piccalilli, Wild Garlic, Tomato Relish 12

4.95

8.95

8.95

8.95

6.00

10.50

8.95

8.95

18.95

24.95

23.95

18.95

17.95

17.95

17.95

FROM THE VAPOUR GRILL

ALL STEAKS SERVED WITH ROOSTER CHIPS, ONION RINGS & CHOICE OF PEPPER SAUCE OR WILD GARLIC BUTTER

IRISH 8OZ (227GR) RIBEYE STEAK *3,5,8,12* ***E6

23.95

PAT BARRY'S DRY AGED 8OZ (227GR) IRISH ANGUS SIRLOIN *1,3,5,8,12* ***E10

29.50

SIDES

WHILE ALL OF OUR MAIN COURSES COME FULLY GARNISHED YOU MIGHT LIKE TO ADD A SIDE DISH

3.75 each

ROOSTER CHIPS *1,3* MASHED POTATO *8,12* SAUTÉED MUSHROOMS *3,8*
SAUTÉED ONIONS *3,8* STEAMED VEGETABLES *8* SUMMER SALAD *3,12,14*

INDULGE

LIMERICK INSPIRED LOADED FRIES

Skinny Fries loaded with your choice of

7.50 each

-Leah's Black Pudding, Smoked Limerick Cheddar, Tomato Relish
-Chicken Wing & Chilli Butter, Limerick Cheddar, Wild Garlic Dip
-Irish Bacon Lardons, Parmesan & Our Award Winning Caesar Dip

SPECIAL OFFER

MAIN COURSE OR A BURGER & A GLASS OF HOUSE RED OR WHITE WINE OR A PINT OF BEER

21.00

Supplements apply to certain items ***

DESSERT

ATTYFLIN ESTATE APPLE TART

Custard, Vanilla Ice Cream *1,7,8*

7.50 EACH

CHOCOLATE MARQUISE

Hazelnut Praline *1,7,8,9*

OREO CHEESECAKE

Toffee Sauce *1,7,8,12*

ALMOND GATEAU

Almond Dacquoise, Layered with Butter Cream *7,8,9 (NG)*

FRESH FRUIT SALAD

SELECTION OF ICE CREAMS *1,7,8,9*

As we are handling multiple food allergen ingredients within our kitchens, we make every effort to prevent a possible 'cross-over' during preparation & service, however can not guarantee complete absence of traces of other Food Allergens or the presence of possible airborne allergens. Should you suffer from a SEVERE Food Allergy, please make this known to us



"YOU ARE IN SAFE HANDS AT THE STRAND"

To view our full COVID 19 Guidelines Please visit - www.strandlimerick.ie

