



— Limerick —  
**Strand**  
Hotel  
— ★ ★ ★ ★ —

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## Celebrate Your Hen Night in Style at the 4\* Limerick Strand Hotel .....

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Our award winning city centre 4 Star Hotel is ideally located just a five minute scenic stroll across the bridge to bustling heart of Limerick City offering fabulous shopping, a super foodie scene and lively welcoming bars  
Just a 10 minute walk from Colbert train Station and only  
90 mins from Dublin | 60 mins from Galway | 80 mins from Cork.

The Limerick Strand Hotel boasts  
184 bedrooms / 14 Junior Suites / Award Winning Restaurant  
Lively Terrace Bar with live music at weekends  
Niall Colgans Hairdressing 10% discount for residents  
On Site underground car park  
Energize Health Club with 20m pool, Sauna, Steam Room. Jacuzzi

**For Reservations**

**T: 061- 421800 E: [reservations@strandlimerick.ie](mailto:reservations@strandlimerick.ie)**

**W: [www.strandhotellimerick.ie](http://www.strandhotellimerick.ie)**

\*Terms & Conditions apply, discounts not applicable with any other special offers, \*upgrades must be booked prior to arrival



Limerick



Strand Hotel

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## Limerick You're a Lady Over Night Package

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- 1 nights B&B in a Superior Twin /Double/Triple Superior Room
- **Signature** cocktail on arrival to the hotel from our expert mixologist
- 2 Course Dinner in the award winning AA rosette River Restaurant
- 10% discount in Niall Colgan Hairdressing
- Complimentary use of Energize Health Club - 20m pool, Sauna, Steam Room
- Residents Bar available
- Live Music in the Terrace Bar on Saturday Nights

Rates From:

**€120.00 PPS Triple Room and €125.00 PPS Twin Room**

2 Night Packages Also Available From **€199.00 PPS twin or triple**

**available for groups of 10 and over**

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## Let Limerick Surprise You! The Ideal Girlie Getaway

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Limerick is the capital of Ireland's Mid-West region and is noted for its shopping, its dining and entertainment! With almost 50 per cent of Limerick's population under the age of 30, it is a vibrant, living, cosmopolitan city.

**Limerick has something to offer everybody**

Superb shopping with unique boutiques

An active foodie scene with Limericks Milk Market at its heart

Energetic live music scene

The home of Munster Rugby & Thomond Park

Various bustling pubs & clubs

Cultural activities are abundant be a princess for a day at king johns castle!



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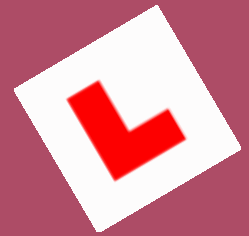
## Group Activities !

Below are some suggestions for your group activity

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We are happy to give you more information any of the below activities on request!  
All activities must be booked directly with the supplier

- Dog racing at Limericks new Greyhound Stadium
- Roller Disco Jam at Delta Retail Park
- Private Dance Lesson - Burlesque, Disco , Belly Dance
- “Paint a Nude” Painting Class
- VIP area in one of Limericks many night clubs
- Paint balling in base camp Limerick
- Hen party glam (boudoir) photoshoot with Boudoir darlings
- CSI Save The Groom treasure hunt
- Jump Lane trampoline in Delta Retail Park
- Go Karting
- Kayaking on the River Shannon
- Hen Party Photo-shoot with professional photographer Paul Mullins
- Cookery Class with lunch at Recipe for Success Annacotty
- Onsite Dance Classes with “Dance Moves”
- Private Party Hire Limerick Carriage Tours



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## Cocktail Demos By our expert Mixologist!

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Cocktail classes are definitely a classic hen party activity and we love them!  
So, from Mojito's and Cosmopolitans to a Strawberry Daiquiri,  
Learn all there is to know about cocktails; what flavours best compliment spirits, how to shake them  
up to perfection and how to pour and add colourings.  
Try your hand at creating your own bespoke cocktail, you can even name it after the bride to be!  
This hen party activity definitely sets the tone for the night ahead and the bride will love it.

Package includes  
Selection of 2 cocktails  
40min - 1 hour lesson with our expert mixologist

€25.00 per person

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Limerick ★★★★★  
Strand Hotel



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## HEN PARTY ACTIVITIES with GET WEST EVENTS & ADVENTURES

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TREASURE HUNT & HEN CHALLENGES Fun & Exciting!  
TREASURE HUNT & WATER ZORBING  
LIMERICK CITY KAYAK TOUR No. 1 Outdoor Activity in Limerick on TripAdvisor!  
SPLASH & DASH CHALLENGE Fun, fun...and more fun!  
ARCHERY TAG & HEN CHALLENGES Ready, Aim, Fire!

Packages from €25.00 per person

**SPECIAL OFFERS**

Pay for 15 people, get 16th person free.

Pay for 20 people, get 21st and 22nd person for free.

So if your group size is 23 people, then you will only pay for 21.

Most groups would decide that the hen (or organiser) can go for free.

Located Next Door to the Limerick Strand Hotel !

### **For Reservations**

Catriona O' Donoghue, Sales & Marketing Manager,  
Get West

Tel: (061) 278 747 or (085) 108 9273 Email: [catriona@getwest.ie](mailto:catriona@getwest.ie)

Web: [www.getwest.ie](http://www.getwest.ie)



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## Off To The Races Limerick Racecourse

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Guaranteed odds you'll have a brilliant time. Great racing, fantastic food, a few jars and craic almighty. Dress up and see the stag or hen off in style.  
Just 15 minutes from the hotel

- The hen goes free on any package booked based on numbers of 15 or more.
- We also do a nice profile of the hen in the race card. It's just another fun addition to the day and a lovely moment!
- Opportunity for the Hen to make a trophy presentation to the winning connections after one of the races on the day with memento photograph – subject to availability. The rest of the group are welcome to gather at the parade ring to take photos.

### **Packages available**

**General admission – From €15 per person**  
General admission to races and free racecard

**Punter Package—From €19 per person**  
Package includes admission, racecard, €5 bet and free pint/glass of wine

Over 20 race meetings in 2017!

**Amy O'Regan ~ Sales & Marketing Executive**  
Limerick Racecourse Greenmount Park, Patrickswell, Co. Limerick  
Tel: +353 61 320000 - Mob: +353 83 4227834 Fax: +353 61 355766  
E: [amy.oregan@limerickraces.ie](mailto:amy.oregan@limerickraces.ie) W: [www.limerickraces.ie](http://www.limerickraces.ie)