# desserts

#### **RED WINE POACHED PEAR**

with fragrant cooking juices & raspberry sorbet €7.50 1,7,8,9

#### **CHOCOLATE ORANGE SLICE**

served with candied orange & orange gel €7.50 1, 7, 8,9

## **PECAN TART**

served with whiskey ice-cream & salted caramel sauce €7.50 1, 7, 8,9

#### **WARM BLONDIE**

served with berries & vanilla ice-cream €7.50 1,7,8,9

# GLENOWN 100% IRISH DAIRY ICE CREAM SELECTION

served in brandy snaps & seasonal fruit please ask your server for todays selection €7.50 **1, 7, 8** 

## **SELECTION OF IRISH CHEESE**

homemade chutney, fresh fruit and crackers €9.50
1, 5, 8

# sweet treats

FRESHLY BAKED MUFFIN €2.50 1,7,8,9

# **SELECTION OF HOMEMADE COOKIES**

€2.00 each **1,7,8,9** 

# FRESHLY BAKED SCONE

fresh cream, butter & homemade jam €3.95 each 1, 7, 8, 9

All of our desserts and sweet treats are made in house everyday by our Head Pastry Chef Leia and her talented pastry team.





# LUNCH MENU





1 Gluten 2 Peanuts 3 Soya 4 Molluscs 5 Celery 6 Lupin 7 Egg 8 Lactose 9 Nuts 10 Sesame 11 Crustaceans 12 Sulphites 13 Fish 14 Mustard (GA) - Available Gluten Free (V) - Vegetarian (VE) - Vegan

We handle multiple food allergen ingredients in our kitchen and while we make every effort to prevent cross contamination during prep and service we cannot guarantee the complete absence or allergens. If you suffer from severe food allergies, please let your server know to discuss further requirements.



# starters

BREAD & HOUSE DIP Leia's homemade bread selection dips & Irish butter €6.50

1, 7, 8, 12, 14

#### HOMEMADE SOUP OF THE DAY

Leia's homemade bread selection € deja's homemade bread selection

1, 5, 7, 8, 12

#### ATLANTIC SEAFOOD CHOWDER

Cathals Doonbeg hake, salmon, mussels, shrimp, & Leia's freshly baked bread €9.95
1, 4, 5, 7, 8, 11, 12, 13

#### STRAND CHICKEN WINGS

strand hot sauce small €10.50 large €14.50 8, 12

# sandwiches

ADD SOUP TO ANY SANDWICH €3.50

## STRAND CHICKEN CAESAR SALAD WRAP

baby gem, streaky bacon, garlic croutons, parmesan shavings & strand ceaser dressing nachos & salsa

€9.95 **1,7,8,12,13,14** 

# TOASTED SPECIAL

ask your server for details nachos & salsa (5,8)

€9.95 **1,7,8,12** 

# CATHAL DOONBEG'S SHRIMP COCKTAIL

on Leia's homemade Guinness bread & baby gem lettuce €9.50 1,7,8,12,13

# STRAND CLUB SANDWICH

steamed chicken breast, streaky bacon, Croom fried egg, Urban Farmers lettuce leaves, tomato & fries €13.50 1, 7, 8

## **SOUP & SAMBO OF THE DAY**

ask your server for details nachos & salsa (5,8) €9.50

# SIdeS €4.50 each

FRIES 1, 3, 12 ONION RINGS

SAUTÉED ONIONS

SEASONAL LEAVES with honey & mustard dressing 12, 14

GRILLED VEGETABLES

SWEET POTATO FRIES

CAJUN SPICED FRIES 1, 3, 5, 12

NO ADDED GLUTEN BREAD

At the estuary of the powerful River Shannon where the Wild Atlantic waters meet the rushing river, Discover Limerick, a Wild Atlantic Way Gateway City. Explore waves of history shaped by



our unique Atlantic connection with the energy and excitement of our city streets. We take pride in our City & all the Wild Atlantic Way has to offer by sourcing fresh & local ingredients wherever possible in our menus. Try our Wild Atlantic Way Dishes, noted with the WAW logo, to get a true Taste of the Way!

# lite bites & salads

## STRAND CHICKEN CAESAR SALAD

baby gem, streaky bacon, garlic croutons, parmesan shavings & strand caesar dressing small €9.95 large €15.95

1, 7, 8, 12, 13, 14

cherry tomatoes, toasted mixed nuts, Urban Farmers locally grown salad leaves & Chilli and lime dressing

small €9.95 large €15.95 **8, 12, 14** 

# ORGANIC BURREN SMOKEHOUSE SMOKED SALMON

pickled red onions, cucumber, capers, lemon gel & Roundtsone sourdough croute €14.50 3.8.9.12

## **BLUEBELL FALLS GOATS CHEESE TARTLET**

creamed leek, basil pesto & crumbed walnuts

€6.95 **1,7,8,12,14** 

# mains

## **DISH OF THE DAY**

served from 12pm

ask your server for details

€16.95

allergens are available on request

## **BUTTERMILK CHICKEN BURGER**

beef tomato, spiced mayonnaise, onion rings, baby gem & fries €18.95 1,8,12,14

## CATHALS DOONBEG BATTERED FRESH HAKE & CHIPS

golden fresh hake, Urban Farmers seasonal salad,

fries & homemade tartar sauce €19.95 1,7,8,12,13,14

# **SEAMUS BUTLERS 100% IRISH BEEF BURGER**

beef burger, smoked Effin cheddar cheese, lettuce, tomato, tomato relish, glazed brioche bun & fries add organic Croom fried egg €2.00 add sauteed Herbertstown mushroom €1.50

€18.95 **1,8,14** 

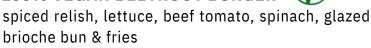
# RIGNEYS FARM FREE RANGE PORK BANGERS & MASH creamy champ mashed potato, grilled onions, sauteed Herbertstown

creamy champ mashed potato, grilled onions, sauteed Herbertstown mushroom's & gravy

€17.95

1,7,8,12,13,14

## **100% VEGAN BEETROOT BURGER**



€18.50 **1, 8** 

## **MILD COCONUT CURRY**

roasted vegetables & steamed rice tofu & roasted vegetables €18.50 chicken €17.95 Cathal's Doonbeg tiger prawns €19.50

1,7,8,12,13,14